COMPLETE LISTING OF ALL CLAIMS

Claim 1-20 (Previously Cancelled)

Claim 21 (Currently Amended): A method for preparing a consumable nutritional mineral supplement composition comprising the steps of:

- a) providing selectively varying plant material depending upon the analyzed mineral content of said plant material;
 - b) oxidizing by burning said plant material down to an ash form;
- c) reacting said ash form of said plant material with organic acids, resulting in a reacted form of plant ash in suspension form;
- d) isolating said reacted form of plant ash in solid form by filtration, concentration, crystallization, and evaporation;
- e) processing said isolated reacted form of plant ash in solid form for the purpose of making a consumable nutritional mineral supplement composition by grinding and powdering;
- f) further processing said isolated reacted form of plant ash in powdered form by homogenization, pasteurization and sterilization whereby the resulting consumable mineral supplement is a homogenous sterile powder for human and animal consumption having selectively varying mineral content depending upon said varied plant material provided in step a); and
- g) wherein said powdered form is processed into a suspension form, wherein said suspension form is an aqueous suspension form;

and further wherein said aqueous suspension form is further conventionally treated with carbon dioxide, and processed into tablet form, using known techniques, such that when said carbon dioxide processed tablet form is added to a liquid beverage, produces carbon

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dioxide gas causing the solution to effervesce, resulting in a carbonated mineral supplement in the form of a refreshing drink;

whereby the resulting consumable mineral supplement is a homogenous sterile powder for human and animal consumption having selectively varying mineral content depending upon said varied plant material provided in step a).

Claim 22 – 36 (Cancelled)

Claim 37 (Previously Cancelled)

Claim 38 (Currently Amended): The consumable nutritional mineral supplement composition according to claim 21, wherein said carbon dioxide processed tablet form is added to <u>a liquid beverage including</u> fruit or vegetable juice.